

City of
PICKERING
Adult 55+ Resources

Free Resources to help Pickering Adults 55+ during this challenging time with COVID-19.

[Adults 55+ Resource Guide](#)



Durham Housing Advisory Network, in collaboration with The Gap Committee, has also provided a reliable resource guide for various supports offered throughout Durham Region.

[COVID-19 Supports in Durham Region](#)

The City of Pickering Recreation Team has put together a Facebook Group for all things 55+. If you have a Facebook account or your friends do, please be sure to join so that you can be kept up to date on all programs, information and activities for adults 55+ during this time of physical distancing and isolation.

Click on the link below, lots of fun coming your way, you don't miss out!

[Adults 55+ Facebook Group](#)

Check out our Adults 55+ July Newsletter

[July Newsletter](#)

Don't forget to check out the City of Pickering's newly designed Adults 55+ Website!

[Adults 55+ Website](#)

Remember to check pickering.ca/covid19 for regular updates on the pandemic.